**[Strategies for Reading and PE](http://turner-pe.cmswiki.wikispaces.net/Strategies+for+Reading+and+PE)**

**Strategies for READING and PE:** Ways to become a better reader through physical activity.

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| **What do effective readers do?** | **What do effective physically active students do?** |
| **Connect:**   **-** Past learning and life experiences to the new text | **Connect:**   - Past successes and challenges of past games and activities to new activities and games |
| **Predict:**   - What will happen next in the text   - What conclusions the author will draw   - Whether the content has value to your thinking | **Predict:**   - What will happen next during a game   - Draw conclusions on how the game will end   - Whether physical activity has value for your body |
| **Visualize and Explain:**   **-** Who is the antagonist and protagonist of the story   - What is the main plot of the story | **Visualize and Explain:**   **-** How your body improves after 6 weeks of being physically active   - How physical activity improves self confidence |
| **Summarize:**   - What has happen in the chapter or story to support the plot   - The patterns and relationships you read in the story | **Summarize:**   - The effectiveness of Fitnessgram testing   - The results when you actively participate in Physical Education class |
| **Pose Questions:**   - About the characters, conflict, and resolution of the plot | **Pose Questions:**   To your P.E. teacher about your current level of physical fitness and their recommendations for maintaining or improving your fitness level |
| **Evaluate:**   - The manner in which the character dealt with their conflict | **Evaluate:**   - The level of improvement with skill and strategies from last year to this year |

Top of Form