**[Strategies for Reading and PE](http://turner-pe.cmswiki.wikispaces.net/Strategies%2Bfor%2BReading%2Band%2BPE)**

**Strategies for READING and PE:** Ways to become a better reader through physical activity.

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| **What do effective readers do?**  | **What do effective physically active students do?**  |
| **Connect:** **-** Past learning and life experiences to the new text  | **Connect:** - Past successes and challenges of past games and activities to new activities and games  |
| **Predict:** - What will happen next in the text - What conclusions the author will draw - Whether the content has value to your thinking  | **Predict:** - What will happen next during a game - Draw conclusions on how the game will end - Whether physical activity has value for your body  |
| **Visualize and Explain:** **-** Who is the antagonist and protagonist of the story - What is the main plot of the story  | **Visualize and Explain:** **-** How your body improves after 6 weeks of being physically active - How physical activity improves self confidence  |
| **Summarize:** - What has happen in the chapter or story to support the plot - The patterns and relationships you read in the story  | **Summarize:** - The effectiveness of Fitnessgram testing - The results when you actively participate in Physical Education class  |
| **Pose Questions:** - About the characters, conflict, and resolution of the plot  | **Pose Questions:** To your P.E. teacher about your current level of physical fitness and their recommendations for maintaining or improving your fitness level  |
| **Evaluate:** - The manner in which the character dealt with their conflict  | **Evaluate:** - The level of improvement with skill and strategies from last year to this year  |

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